

HAPPY FALL YA'LL!!!!

Inside this Issue!



Greetings fellow Pioneers— your mascot Rocky here with a special holiday greeting. I've been busy traveling since assuming my esteemed role as your ITPA mascot, and I still have more adventures planned before year-end. What an exciting year I've had! I don't have to pay for any of my travels AND I get paid in nuts! Life is GREAT, right?

I stopped by our national office just long enough to help with this special thanksgiving issue, and I sure do hope you enjoy it! Take a look at some of what we have in store for you in this edition!

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SAVE THE DATE! Announcing ITPA's 2023 National Assembly

Mark your calendars now for the ITPA's **31st Annual Assembly** to be held on **April 21-24, 2023** in Hinesville, Georgia! Below is a greeting from ITPA 1st Vice President JoAnn Esposito, who is planning next year's assembly.

Hello Pioneers,

The ITPA National Assembly is a time where ITPA Chapters and Clubs share their community service projects, honor those who have contributed to the industry during our Hall of Fame Luncheon and celebrate the preservation of Telephony and going forward Telecommunications.

I retired in 2020 with 40 years of telecommunication experiences, and I'm looking forward to becoming the President of one of the finest volunteer groups serving communities throughout the United States.

The 31st Annual ITPA Assembly will be held from April 21st thru April 24th, 2023. I selected Hinesville, GA, as the location of our National Office and Museum. Fort Stewart (Army Airfield and base) is also located near our museum.

At the Assembly, I will be inducted a second time as a **ITPA National President**. I am personally asking for your support of the 31st Annual ITPA Assembly by donating at one of the levels listed below. If you have any questions, please do not hesitate to contact me.

Sincerely,
JoAnn Esposito
1st Vice President, ITPA

Sponsorships help offset a large portion of the costs to host our national assembly each year, making registration affordable for our ITPA Pioneers. We are grateful for last year's sponsors (shown below) and we thank our 2023 sponsors in advance.



2023 Sponsorship levels:

Diamond	\$2,500.00 Top Banquet Sponsor
Platinum	\$1,000.00 Banquet Sponsor
Gold	\$750.00 Meet and Greet Sponsor
Silver	\$500.00 Hospitality Room Sponsor
Bronze	\$250.00 Snack Break Sponsor

Checks for desired sponsorship level payable to **ITPA** may be mailed to:
ITPA
438 West Oglethorpe Hwy
Hinesville, GA 31313

ITPA NATIONAL OFFICE NEWS



The weather was perfect for a stroll through the Alee Shriners' 9th Annual Pumpkin Patch at Bryant Commons Park in Hinesville, GA on Oct. 15th. The Hinesville Downtown Development Authority and ITPA helped the Alee Shriners with the annual event to raise money for the Alee Shriners Hospital for Children.

The Pumpkin Patch event featured pumpkins for sale, hayrides, arts and crafts, games, food, and many other activities for everyone to enjoy.



The ITPA Telephone Museum displayed a fall themed booth consisting of telephones, telephone equipment, and fall-themed decorations.



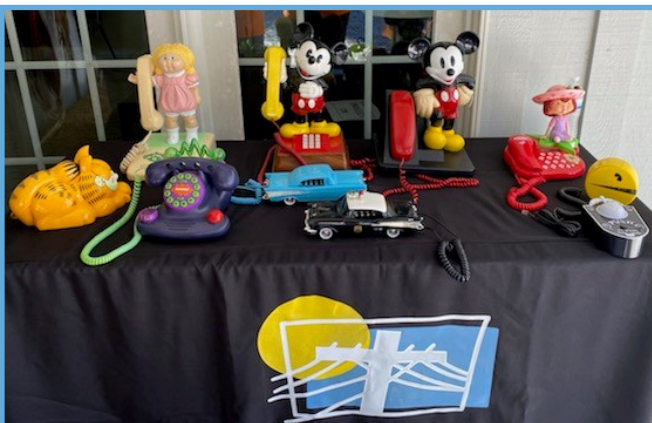
More than 3000 people came out to enjoy the beautiful autumn day. Attendees were encouraged to come back and take a grand tour of the ITPA Telephone Museum.



About the Alee Shriners: The Shriners are a fraternity based on fun, fellowship and the Masonic principles of brotherly love. They work to live out brotherly love, relief and truth every day, and that work includes helping children in need of medical attention who might not otherwise receive the help they need. The Alee Shriners have a long history in the Savannah, GA area.

The Hinesville Downtown Development Authority works to create a sustainable, revitalized and vibrant downtown that is an economic hub while enhancing the community's quality of life. Its vision is to create a community proud of its small-town charm with big-city amenities, where the focus on progress and preservation create an attractive, livable city center and a thriving, diverse marketplace that welcomes residents to gather and celebrate the town's unique heritage and patriotism.

Our national ITPA office staff and volunteers are honored to partner with these organizations to help our community and to assist those in need.



ITPA Executive Director, Alissa Moss, two of her children, and museum volunteers, Bruno and Ginny Robles, set up the telephone display.

ITPA NATIONAL OFFICE NEWS *Continued*

The 2023 ITPA board meeting convened on November 4-5, 2022 at our national ITPA headquarters in Hinesville, GA. After a two-year hiatus due to COVID-19 restrictions, the team made the most of the meeting and addressed a number of business issues.



The ITPA roster consists of 1826 members nationally. Members who have not paid dues for 3 consecutive years are removed from the member list. The new member category "Friends of Pioneers" was reviewed. Over the years, the ITPA has had many "friends" who have supported and participated in our work and we are excited to invite these "friends" as formal ITPA members. ITPA members are encouraged to invite our "friends" to formally join us.

JoAnn Esposito, 1st VP, provided a summary of club/chapter annual reports. JoAnn said that after reviewing the projects and donations she was just amazed at the generosity demonstrated by Pioneers. Clubs and chapters raised more than \$15,000 dollars that was donated to charitable causes, and Pioneers donated more than 1,000 hours to over 30 projects. More than 500 lbs. of non-perishable food items were donated by Pioneers. JoAnn commended many clubs for supporting one another with various projects.

ITPA by-laws are being reviewed and any suggested updates will be presented to the 2023 assembly delegates for voting. Recent donations to the Historical Foundation were reviewed. More than 400 items have been received.

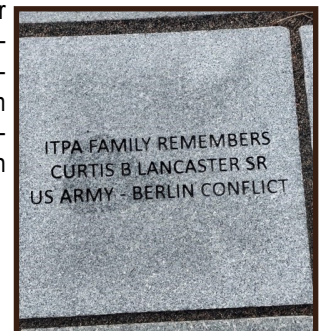
Next year's national assembly dates were finalized. The assembly, hosted by JoAnn Esposito, will be held in Hinesville, GA on April 21-24, 2023. A block of 25 rooms has been reserved and can be booked now at the Hampton Inn in Hinesville for \$129 per night plus tax.

Clubs/Chapters who submitted approved annual reports are eligible for the National Awards Program. You've clearly been busy all year with community service projects. We are proud of our Pioneers who have continued to serve your communities during these difficult times. Now is the time to be rewarded for all your hard work. Awards are presented annually to formally recognize clubs/chapters who have exemplified the principles of pioneering. The awards booklet can be found online at: <https://www.nationalitpa.com/uploads/useruploads/files/2023%20National-Awards-Submission-Booklet.pdf>

During the board meeting, our officers and directors commemorated Veteran's Day and paid tribute to a special Pioneer for his service to our country. The late Curtis "Curt" Lancaster Sr., beloved husband to long time board member and past ITPA President, Hannah Lancaster, was remembered at the Veterans Memorial Park located at Bryant Commons Park in Hinesville, GA.



A granite paver was placed to honor Curt's service to the U.S. Army during the Berlin Conflict. Many in attendance had heard first hand from Curt about his experiences in Germany, particularly when the Berlin Wall was built in 1961.



Curt was the former owner of Chesnee Telephone Company for over 50 years, and a member of the ITPA Tar Heel Chapter and Palmetto Chapter.

The Veterans Memorial Walk is a place of reverence, respect and reflection to honor all military veterans. The community surrounds the military bases of Fort Stewart and Hunter Army Airfield.

The history dates back to WWII when then, Camp Stewart, served as a training base for the Army's Air Defense Artillery, and Hunter served many Aviation units who flew during the war. Liberty County was home to the 24th Infantry Division for more than 20 years and is now home to the 3rd Infantry Division service members and their families. Bryant Commons Park is a 150-acre site and the homestead of the former Senator Glenn E. Bryant and his wife Mrs. Bryant. Through a joint venture with the Bryant Family Foundation and the City of Hinesville, plans were developed and it now features this site, an outdoor amphitheater, 15-acre pond, the Independent Telecommunications Pioneer Association Museum, Brambles Playground, and Cisco's Dog Park.



President's Ponderings

Happy Holidays Pioneers!

As the holidays quickly approach, many of you are no doubt already making plans for Thanksgiving and Christmas. Much preparation goes into the perfect Thanksgiving meal, and we hope the special Thanksgiving meal section in this issue will come in handy as you plan. Pioneers from all over included a variety of recipes, so I'm sure there is something for everyone.

It was great to see the Nearea Telecom Pioneers at that club's 51st Pioneer Banquet. As always, the dinner was delicious, and I enjoyed taking part in the club's annual auction and raffles. This was my second time in attending this event. I also attended the Buckeye Chapter's annual banquet in Sugarcreek Ohio. I was honored to participate in the club's meetings and presenting Sue Lehmkuhle and Kathlene Anerino with the John Knox Johnston Award for their outstanding Pioneering service. The John Knox Johnston Award is the highest honor that can be bestowed to a Pioneer at the regional level. It is awarded to pioneers who have consistently made significant contributions to his or her community over a period of years, through various Pioneer activities and projects. Congratulations to Sue and Kathlene for this recognition of their service and dedication to ITPA.

National ITPA directors and officers met during the first weekend of November at the National ITPA Museum in Hinesville, GA. This was our first in-person meeting in two years, and it was great to see everyone, and we got much accomplished.

As you shop for friends and loved ones during this busy holiday season, please be alert to numerous new scams that we are plagued with these days. If something sounds too good to be true, it is probably a scam. If someone is asking for your personal information, do not share this information with anyone that calls you. Simply, hang up and you call your bank or credit card company to find out if there is a problem with your account.

As the end of 2022 quickly approaches, this season will supply some wintry weather for many of us, which is particularly challenging for many less fortunate individuals and families. With our Pioneering spirit, I'm sure our clubs and members will join together to help those in need during the upcoming season.

If your club or chapter sponsors a project and you need guidance on how to submit your project to the ITPA National office, please contact me or Alissa Moss at the National office for help. If you, your club or chapter is hosting an event or project for which we can help get the word out, please let us know.

My wish for each of you is that you and yours will enjoy a happy and healthy holiday season.

Daniel Barnhardt / National ITPA President



Club and Chapter News

Region 1

Keystone-Garden State Chapter

The **Nearea Telecom Pioneer Club** held its 51st Annual Banquet on October 15, 2022 at The Inn of the Abingtons, North Abington Township, Pennsylvania. Twenty-seven members and guests, including special guest, ITPA National President Daniel Barnhardt, enjoyed good fellowship and great food.

Following a delicious buffet dinner, an informal business meeting provided an overview of the club's projects and charitable donations. A blind auction and a Chinese auction were conducted during the banquet to raise funds for the club's yearly projects.

During the banquet, the club honored eight life members and ten retirees.



Above: Life members Pete McClure, Tanya Christ, Marlene Sample, Sabi Naro, Howard Selleck, Frank Pilling, Ray Wandel and Bill Barber



Above: Retirees Joanne Depew, Gil Depew, June Hess, Pete McClure, Tracy Magda, Howard Selleck, Barbara Dolfi, Sabi Naro, Don Dolfi and Ray Wandel



Left: National ITPA President Daniel Barnhardt takes a "selfie" as the Pioneers enjoy dinner.

Club and Chapter News

Region 2 Buckeye Chapter

The Buckeye State Chapter's annual Fall Get-Together was held on Oct. 22-22 at the Dutch Host Inn in Sugarcreek, Ohio (the "Little Switzerland of Ohio"). Nineteen members and guests enjoyed a Friday evening of fellowship and fun while catching up with friends from around the state and beyond. New Buckeye State Chapter ITPA members Roger (Bud) and Flo Brown who live in the Johnson City, Tennessee area but were originally from the Newark, Ohio area, were welcomed along with ITPA National President, Daniel Barnhardt.

Saturday's events included a business meeting, during which 2023 officers and board members were elected, a visit to local tourist attractions, and dinner at the Dutch Valley Restaurant. Sue Lehmkuhle and Kathlene Anerino, respectively, were presented with the 2020 and 2021 John Knox Johnston Award during a special awards presentation.

Mid-Ohio Pioneer Club
members are continuing to
donate volunteer time and
non-perishable food items to
local food pantries.



One of the club's newest members is helping to make winter hats for children in homeless families.



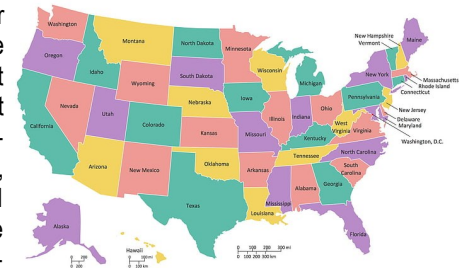
Above left: ITPA President Daniel Barnhardt and Buckeye Chapter President Jim Hoskinson present John Knox Johnston Award to Kathlene Anerino.

Above Right: Sue Lehmkuhle accepts John Knox Johnston Award presented by ITPA President Daniel Barnhardt and Buckeye Chapter President Jim Hoskinson.

Proceeds from raffles held during the event and money collected from the chapter's "Pennies for Pioneers," along with school supplies and non-perishable food items brought by attendees, will be donated to several Ohio Salvation Army locations around the state. Chapter members also bought books and/or DVDs for the "Free Little Library" at the ITPA National Office and Museum.

Greetings from Region 2 VP Darlene Roll

Region 2 is spread far and wide throughout the United States so it is not easy for us all to get together. National Capitol Chapter (Washington, D.C. area – Virginia and Maryland), Buckeye State Chapter and Mid-Ohio Club (both in Ohio), and CC Communications active clubs.



Other areas in Region 2 include Delaware, Indiana, West Virginia, Wisconsin, Michigan, Alaska, Arizona, California, Hawaii, Idaho, Montana, Oregon, Utah, Washington, and Nevada. There are currently no active clubs in these areas but we know that there are Pioneers in the ITPA National Club from these places.

National members – If you would like to join in any Region 2 activities (including chapter or club activities), please let me know so someone can get in contact with you. Email: droll1998@gmail.com or phone at 419-371-5515.

The holidays will be here before we know it! I'm sure that chapters and clubs are getting ready to participate in projects to help those in need and to have fun supporting community events. I thank all of you for "Catching the Pioneering Spirit"!

May your day be blessed!

Darlene Roll, Region 2 VP



Above left to right: Card sharks Jim Hoskinson, Roger (Bud) and Flow Brown, Linda Hoskinson and ITPA President Daniel Barnhardt.

Right: Jim Hoskinson reacts to beer-flavored chips. (Those chips quickly found their way to a trash can after further group reviews.)

The 2023 Buckeye State Chapter Fall Get-Together will be held at the Dutch Host Inn in Sugarcreek on Oct. 20-22, 2023.

Club and Chapter News

REGION 3

Tar Heel Chapter

The Carotel Pioneer Club hosted its annual fall convention on Oct. 21-22 at the Inn at Pine Knoll Shores on



NC's beautiful Crystal Coast. These Pioneers were ready for a party, having reconvened for the first time since 2019 due to COVID-19 precautions.



The club also held its annual silent and live auctions, the proceeds from which will fund the club's 2023 scholarship program.



Above: A sampling of the many items donated for the silent auction.

The Carotel Pioneers also supported an ongoing Comporium project by bringing about 300 empty pill bottles. Thanks to JoAnn for delivering!



If you missed our "Casino Nights" themed convention this year, you missed a great one. But, you can mark your calendars now to attend the Oct. 2023 "Margaritaville" themed convention!



Above left: JoAnn introduces Rocky to the Carotel Pioneers.



Above right: Rocky guards the afternoon snacks.



Special thanks is extended to JoAnn Esposito who represented the national ITPA and to Rocky the Mascot who took time from his international travels to join us.

Seasons greetings from Region #3!

This year has been a whirlwind for everyone with more changes to what we once called normalcy. I sincerely hope that we all have the opportunity to "slow down" enough to enjoy the real reasons for this season...Family, Fellowship, Food, and most importantly the Birth of Jesus Christ.

Just to recap a few things that occurred in our Region—we had a total of 5 annual reports submitted and we continue to look at ways to make this process easier.

We have seen very good support from other Chapters and Clubs on the Pill Bottle Drive that ends in November.

May you all continue to BE BLESSED and HEALTHY.

With much LOVE and SINCERITY,

Leon Yard
Region 3 VP
ITPA

Club and Chapter News

REGION 4

North Star Chapter

North Star Chapter Pioneers completed their fall fundraiser. In total, the team raised \$12,500. This was a tremendous team effort. Thirty-seven members participated and volunteered a total of 156 hours.

The North Star Chapter Pioneers have a long history of fall fundraisers, from which proceeds are donated to charities such as Alzheimer's, food shelf, American Cancer Society, Children's Cancer Research, Feed My Starving Children, and the Hastings Veteran's Home.



Karol Nielsen (left) serves as secretary/treasurer for the North Star Chapter. Karol recently completed the mailings for chapter's annual meeting which will be held on November 19th. at a local restaurant in Chanhassen. All Pioneers are welcome to attend.

Florida State Chapter

The **Carl Hill Galloway Pioneer Club** returned with its most popular fundraiser event; parking cars for the **Winter Park Art Festival** at the 500 NY Ave Lumen building on October 8 & 9th. Our repeat customers were excited about this return and they kept the lots filled during most of the weekend.

Through this project, our club raised more than \$1,800 for the local charities we support! This event would not have been possible without the club's amazing leader



(Mia Coryatt) and board



Florida State Chapter (Cont'd)



The **Otto Wettstein, Jr. Pioneer Club** will host its 43rd Annual Christmas Luncheon at 12 noon on **Tuesday, December 13, 2022**. The luncheon will be held at the Venetian Center, 1 Dozier Court, Leesburg, FL.

All Pioneer members and telephone company retirees are invited to attend. Please send new retiree mailing addresses and/or e-mail addresses to JoAnn Esposito at espogirl56@yahoo.com.

Due to the increased cost of food, we are requesting a donation of \$8.00 per person attending, which will be split between a local charity and to help offset the cost of the luncheon. Checks should be made payable to: Otto Wettstein, Jr. Pioneer Club.

In keeping with tradition, please bring a non-perishable food item that will be donated to a local food bank. Last year all food donations were delivered to St. Theresa Food Bank and Lunch Kitchen. St. Theresa's received more than 300 pounds of non-perishable cans. The lunch kitchen serves more than 200 people weekly.

Have a safe rest of the year, and we hope to see you at the luncheon.

JoAnn Esposito
President – Otto Wettstein, Jr Pioneer Club

A NOTE FROM NANCY:

Hello Region 4 Clubs and Chapters!

Now that fall is here and your Annual Reports have been forwarded to the National office, I want to take this opportunity to say how inspiring it is to see the many activities that have been on your to-do lists throughout the year. From fund-raisers, donations to various organizations, special projects including scholarships for students, supporting the ITPA National Projects and more, you continue to actively contribute to the well-being of your communities in the Pioneering spirit. Congratulations to all on a year well planned and carried out. As always, I commit to keeping you informed of pending changes at the National level that affect membership or the operations of your clubs and chapters. Let's keep our exchange of information going. I enjoy hearing from each and every one of you.



Foundation News

ITPA National Charitable Foundation

As we near the end of 2022, the ITPA National Charitable Foundation officers and board members thank our Pioneer members, clubs and chapters for your service in your communities and throughout the nation. We also appreciate the donations that you have made to the National Charitable Foundation. Service, along with the donations, help others to see a brighter future.

Alzheimer's Research is one of our national ITPA projects. We thank everyone who participated in an annual



"Alzheimer's Walk" that took place in multiple locations during October. I know that many who were able took the time to walk and support Alzheimer's Research.

Supporting our military and veterans is another national ITPA Charitable project. In December people all across America support **Wreaths Across America** by donating to fund the placement of wreaths at veteran's cemeteries across the nation, or by volunteering to lay wreaths on the graves of deceased veterans.



However you may choose to help, we thank you!

As we look forward to the upcoming holiday season and the new year, our wish for you on behalf of the National Charitable Foundation is that your days will be filled with sunshine and blessings!

Darlene Roll, President
James White, Vice President
Jo Myers, Treasurer
Nancy Schnitzer, Secretary
Ronnie Cashwell, Director
Darlene Norville Terry, Director
Janice Jeffrey, Director

ITPA Historical Foundation

The Historical Foundation thanks everyone who has continued to support our organization. In 2022, \$2798 was donated by Pioneers to help support our telephone museum.



The purpose of the Historical Foundation is to establish, equip, and maintain not-for-profit independent telephone historical museums for the collection, preservation, protection and display of records, relics, memorabilia, and other articles of historical interest. Rapid changes and advances in telecommunications have displaced much of telecommunications tools and equipment that were still being utilized just a few short years ago, and our Historical Foundation strives to preserve that history. To do so, we need and thank you for your continued support.



The Historical Foundation supports the ITPA Telephone Hall of Fame Museum in Hinesville, Georgia, located on the beautiful grounds of the Bryant Commons Park. The museum is open to the public and our ITPA staff is available to provide guided tours. Donations of \$3.00 per person is recommended for admission. All donations to the Historical Foundation are tax deductible.

We greatly appreciate your support. Please visit our website for more information: www.nationalitpa.com

On the Road (and in the air) with Rocky

We haven't seen much of Rocky lately, other than photos he sends during his world travels. Here's what he's been up to recently!

ROCKY VISITS IRELAND!



Above: Rocky enjoys a little snack before the long flight.



Cleggan Harbor in County Galway



Cliffs of Moher (located at the southwestern edge of the Burren region in County Clare.



Blackwater River in Cork, Ireland



The beautiful Irish coast.



Rocky visits Connemara and the Conn Son of the Sea.



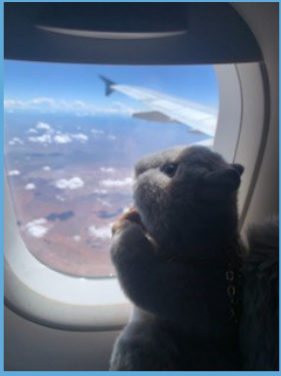
Overnight at the Waterford Castle before heading home.



Heading back to the USA. First stop Charlotte, NC.

Rocky's Adventures Continue

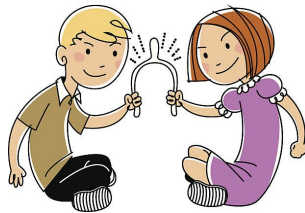
After his trip to Ireland, Rocky packed his bags again and traveled west to Las Vegas, the Grand Canyon, Hoover Dam, Valley of Fire and Red Rock Canyon. You could say he's been a busy beaver, but you'd be WRONG...cause he's a SQUIRREL!!!!



Stay tuned for more updates from my adventures. I recently visited Compurium's Telephone Museum and spent some time relaxing at the home of my good friend Leon Yard. Then I was off to the Carotel Club's annual convention in NC, and from there to Riviera Maya, Mexico. Wow, I love being a Pioneer Mascot!

Thanksgiving Trivia

- America's first recorded religious thanksgiving day took place in:
 - Plymouth
 - Blowing Rock
 - Washington, D.C.
- Which president proclaimed the first national Day of Thanksgiving?
 - Abraham Lincoln
 - George Washington
 - Calvin Coolidge
- What year was the first national day of Thanksgiving proclaimed?
 - 1621
 - 1865
 - 1789
- When was America's Thanksgiving set as a fixed date by Congress?
 - 1941
 - 1789
 - 1885
- Where did the custom of snapping the turkey's wish-bone (bringing luck to the person who gets the larger half) begin?
 - America
 - Rome
 - Turkey
- Erntedankfest ('harvest thanks festival') is the thanksgiving holiday celebrated in:
 - Russia
 - Poland
 - Germany
- When is the Canadian Thanksgiving holiday celebrated?
 - 2nd Monday in October
 - New Year's Day
 - March 15th
- The Canadian Thanksgiving commemorates what event?
 - The establishment of Canada's "Confederation"
 - The safe return of British explorers from the Northwest Passage
 - The end of the Battle of Vimy Ridge in 1917 (which changed Canada from a colony to a nation)
- What country's celebration of thanks most closely resembles the American Thanksgiving?
 - Turkey
 - Canada
 - Liberia
- Which country's Thanksgiving celebration is one of the youngest in the world?
 - Grenada
 - Brazil
 - India



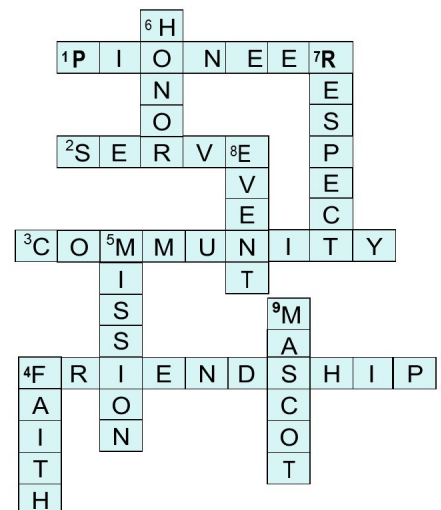
How well did you do?.....Answers on Page 19.

Pioneer Puzzle Winner

Congratulations to Lisa McCraney and Gloria Skinner, both Comporium Pioneers for being the first to complete the September Pioneer Puzzle. Lisa and Gloria each received a gift card.

Did you fill in all the Pioneer Puzzle blanks correctly?

Compare your answers to the answer key on the right.



A Pioneer Thanksgiving Meal

If there's one thing our Pioneers know, it's good food! Since Thanksgiving is right around the corner, we've expanded the Recipe Exchange in this issue to provide you with enough recipes for a complete Thanksgiving meal. From stuffing to souffles, here are our Pioneer recommendations that are sure to please!

IT'S SO EASY! TURKEY



Submitted by Darlene Roll

If you live within driving distance of St. Henry, Ohio, this is the turkey recipe you've been waiting for! (Don't worry...we'll offer another turkey recipe for those who don't live in Ohio!)

First, drive to Niekamp's Farm Market near St. Henry, Ohio and pick up a 10-11 lb. Cooper Farms frozen turkey roll (white and dark meat) which will yield about 20 servings. Keep turkey frozen until Thanksgiving morning. **Early** on Thanksgiving day, remove from freezer and follow the simple directions. Remove the outer wrapper but not the cooking bag. Preheat oven as directed and place frozen turkey in a roasting pan (Darlene Roll uses the bottom of her broiler pan) and bake as directed. In about 5 hours, you'll have a wonderful, juicy, no-

work turkey to eat! Clean-up is simple! Just remove the cooking bag and toss it. While this recipe doesn't come with a wishbone or drumsticks, it's both easy and delicious!

EASY, NO FUSS THANKSGIVING TURKEY

Ingredients:

1 12-20 lb. turkey
1 onion, peeled and quartered
1 lemon, quartered
1 apple (any variety) quartered
3/4 oz. rosemary (fresh is best)
3/4 oz. thyme (fresh is best)
3/4 oz. sage (fresh is best)

For Herb Butter:

1 cup unsalted butter, softened
1 tsp salt
1/2 tsp freshly ground black pepper
6-8 cloves garlic, minced
Fresh chopped herbs

Directions:

If turkey is frozen, thaw in refrigerator, 24 hours for every 5 lbs. of turkey. (You can add an extra day just to be safe.) Remove thawed turkey from fridge 1 hour before roasting to allow it to reach room temperature. Adjust oven rack so turkey can sit in center of oven. Preheat oven to 325°F. Make herb butter by combining room temperature butter, minced garlic, salt, pepper, one tablespoon chopped rosemary, one tablespoon chopped thyme, and 1/2 tablespoon of chopped sage. (Remaining herbs will be used to stuff cavity of turkey.)

Remove turkey from packaging and remove giblets/neck from cavity. Reserve for gravy or discard. Pat turkey *very* dry with paper towels. Season turkey cavity with salt and pepper. Stuff cavity with quartered lemon, onion, apple and remaining herbs. Loosen and lift skin above the breasts (on top of turkey) with your fingers and smooth a few tablespoons of herb butter underneath the skin. Tuck wings underneath the turkey and set on roasting rack inside roasting pan. Microwave remaining herb butter mixture for 30 seconds until softened (not melted) and use basting brush to brush all over outside of turkey (including legs and wings). Roast at 325° for 13-15 minutes **per pound**, or until internal temperature (inserted on middle of thigh and breast) reaches 165 degrees. Remove from oven and tent with foil for 20-30 minutes before slicing.

Hint: Check turkey about halfway through cooking and once skin is golden brown, cover top of turkey with tinfoil to protect breast meat from overcooking. Or, start cooking the turkey with it tented in foil and during last hour or so of cooking remove the foil to let turkey brown.



A Pioneer Thanksgiving Meal (cont'd)

WHAT WOULD THANKSGIVING BE WITHOUT A GREEN BEAN CASSEROLE!



A signature dish of the traditional holiday meal is the Green Bean Casserole. Everyone expects it and most people love it, even if they don't like green beans. Created by the Campbell Test Kitchen in 1955, the original green bean casserole has 5 ingredients and only

takes 10 minutes, so we had to include it in our ITPA Thanksgiving Meal!

Ingredients:

- 1 can (10 1/2 ounces) condensed cream of mushroom soup (can use 98% fat free or unsalted)
- 1/2 cup milk
- 1 teaspoon soy sauce
- 4 cups cooked cut green beans
- 1 1/3 cups French fried onion rings

Directions:

Preheat oven to 350°F.

Mix together the soup, milk, soy sauce, beans and **2/3 cup** of the onions in a 1 1/2-quart casserole.

Season the mixture with salt and pepper.

Bake for 25 minutes or until hot and stir the bean mixture. Then sprinkle with the remaining **2/3 cup** onions.

SWEET POTATO CASSEROLE

Submitted by Alissa Moss,
National ITPA Executive Director

Ingredients:

Casserole:

- 3 cups sweet potatoes, mashed
- 1/2 cup sugar
- 1/2 cup melted butter
- 2 eggs, beaten
- 1 tsp. vanilla extract
- 1/2 cup milk

Topping:

- 1/3 cup butter
- 1 cup brown sugar
- 1/2 cup flour
- 1 cup pecans

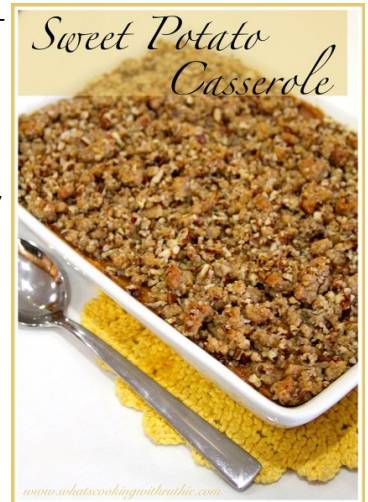
Directions:

Preheat oven to 350°F.

Combine casserole ingredients and beat with mixer until smooth. Spoon into a 2-quart, shallow 9x13 casserole, greased.

Combine topping ingredients and spread on top of casserole.

Bake at 350°F for 25 minutes.



CRANBERRY CASSEROLE

Submitted by Cindy Downing,

Ingredients:

- 1 pkg fresh cranberries rinsed and drained
- 1 10 oz. can crushed pineapple
- 2 apples cut up for topping
- 1/4 cup flour
- 1/3 cup oatmeal
- 1 cup brown sugar
- 1 stick melted butter

Directions:

Preheat oven to 350°F. Mix cranberries and pineapple together in a 9x13 casserole dish. Spread apples on top.

In a bowl, stir together the flour, oatmeal and brown sugar until combined. Sprinkle on top of casserole mixture and then drizzle melted butter over casserole. Bake until "jelled," about 50 minutes.



A Pioneer Thanksgiving Meal (cont'd)

HOLIDAY CORN CASSEROLE

Submitted by JoAnn Esposito, Otto Wettstein, Jr. Pioneer Club, Ocala, FL

Ingredients:

- 1 can whole kernel corn, drained
- 1 can cream style corn
- 1 stick margarine
- 1 pkg. Jiffy cornbread mix
- 8 oz. sour cream

Directions:

Preheat oven to 350°F. Combine all ingredients together in a mixing bowl and then pour into an 8x8 inch casserole dish. Bake for 45-60 minutes and let stand 5 minutes. Cut into squares and serve.

Hint: To increase number of servings, double the ingredients and bake in a 9x13 inch casserole dish.



THANKSGIVING MASHED POTATOES

Submitted by Darlene Roll, Mid-Ohio Pioneer Club, Mansfield, OH (from a family recipe collection)

Ingredients:

- 12 medium potatoes, peeled and cubed
- 1-1/4 to 1-1/2 cups Half-and-Half Cream
- 1/3 cup sour cream
- 1/2 cup butter, cubed
- 1 tsp. salt
- 1/2 tsp. pepper

Directions:

Place potatoes in a Dutch oven and cover with water. Bring to a boil. Reduce heat and cover. Cook for 10-15 minutes, or until potatoes are tender.

Drain water from potatoes and transfer potatoes to a large bowl.



Add the cream, sour cream, butter, salt and pepper. Beat until potatoes are light and fluffy.

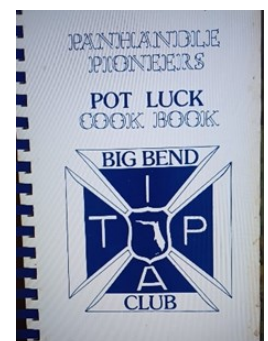
Ingredients:

- 2 cups squash
- 1 can cream of chicken soup
- 1 cup sour cream
- 1 tsp. onion
- 1 carrot (shredded)
- 1 small pkg. stuffing mix

Directions:

Preheat oven to 350°F. Mix first 5 ingredients together and place in baking dish that has been sprayed with PAM or other non-stick cooking spray.

Sprinkle stuffing mix on top and dot with butter. Bake at 350 degrees for 30 to 45 minutes.



A Pioneer Thanksgiving Meal (cont'd)

PINEAPPLE CASSEROLE

Submitted by Darlene Terry, Carotel Pioneer Club, Tarboro, NC (from a local cookbook)

This dish is delicious enough to be called dessert, but it's intended to be side dish served with the main course.

Ingredients:

- 2 large cans pineapple chunks, drained
- 1 1/2 cups sugar
- 3/4 cup flour
- 2 cups grated cheese
- 1 stack Ritz crackers, crushed
- 1 1/2 stick smelted butter (Cherry on top not required!)



Directions:

Preheat oven to 350°F. Place drained pineapple in bottom of casserole dish.

PUMPKIN DELIGHT

Submitted by Peggy Metz, Mid-Ohio Pioneer Club, Mansfield, OH



Ingredients:

- 1 large can (29 oz.) pumpkin
- 4 teaspoons pumpkin pie spice
- 1 can evaporated milk (12 oz.)
- 1 cup sugar
- 1/2 teaspoon salt
- 3 eggs, slightly beaten
- 1 box regular yellow cake mix
- 1 cup butter
- 1 cup chopped pecans (or other nut)
- 1 container Cool Whip

Directions: Preheat oven to 350°F. Mix together the pumpkin, pumpkin pie spice, evaporated milk, sugar, salt and eggs. Pour into a greased 9x13 inch pan.

Sprinkle entire box of dry cake mix on top of the pumpkin mixture. Drizzle one cup of melted butter on top of

Ingredients:

- 2 cups flour
- 2 teaspoons baking powder
- 2 teaspoons salt
- 4 Tablespoons mayonnaise

Directions:

Preheat oven to 180°F. Combine all ingredients and spoon into a greased muffin pan. Bake for 15 minutes or until rolls are brown. Serve warm.

Yield: 10 rolls



Ingredients:

- 2 tablespoons unsalted butter
- 1/2 cup + 3 tablespoons milk
- 1/2 tablespoon sugar
- 1/2 teaspoon salt
- 2 teaspoons baking powder
- 2 cups all-purpose flour



Directions:

Preheat oven to 350°F. Line a baking sheet with parchment paper or a silicone baking mat. Add all ingredients except flour into large mixing bowl and whisk. Add flour gradually and stir until a dough forms. You should have a little flour left over. Divide dough into 7 pieces and roll into balls. Place balls onto baking sheet about 2 inches apart. Brush tops with egg wash (optional) before baking or after baking brush with melted butter. Bake rolls for about 25 minutes or until tops are golden brown.

A Pioneer Thanksgiving Meal (cont'd)

MICHELLE'S STUFFING

Submitted by Sally Stone, Mid-Ohio Pioneer Club, Mansfield, OH

Ingredients:

- 1 loaf day-old French bread, sliced and cubed
- 3 tablespoons cooking oil
- 3 stalks celery, diced
- 1 medium onion, diced
- 10 oz. fresh mushrooms, cut up
- 2 teaspoons dry sage or 1 tablespoon fresh sage
- 2 eggs, beaten
- 2 14-1/2 oz. cans of chicken broth

Directions: Preheat oven to 350°F. Slice and cube bread. Set aside. Heat oil in skillet; add celery and onion. Cook until softened. Add mushrooms and cook until softened. Add 2 tsp. dry sage or 1 Tbsp. fresh sage to mixture.

Whisk together the beaten eggs and chicken broth in a separate bowl. In a large bowl mix all ingredients together and bake in a covered, greased baking dish for 45-60 minutes. Remove lid and bake 10 more minutes or until desired doneness.

HOLIDAY STUFFING

Ingredients:

- 4 tbsp. butter
- 1 cup diced onion
- 1 cup diced celery
- 2 cups Swanson Chicken Broth
- 8 oz. sausage
- 1 pkg Pepperidge Farm Herb Seasoned Classic Stuffing

Directions:

Cook sausage in skillet over medium heat. Heat butter in 4-quart saucepan over medium to high heat. Add onion and celery. Add sausage and broth and heat to a boil. Remove saucepan from heat. Add stuffing and mix lightly.



DON'T FORGET THE GRAVY!

Submitted by JoAnn Esposito

Otto Wettstein, Jr. Pioneer Club, Ocala, FL



Ingredients:

12 oz. jar of Hines Homestyle gravy

CANNED GRAVY DRESS-UP!

Submitted by

Darlene House,
Carotol Pioneer Club,
Tarboro, NC



Ingredients:

- 12 oz. jar of Hines Homestyle gravy, any flavor other than garlic (garlic flavor overpowers turkey giblets flavoring)
- Turkey broth
- Turkey giblets
- Pepper
- Boiled eggs (optional)

Directions:

Heat turkey gravy over low heat and stir in turkey gib-

A Pioneer Thanksgiving Meal (cont'd)

BETTER THAN HOME-MADE! RED VELVET CAKE

Submitted by Darlene Terry,
Carotel Pioneer Club, Tarboro,

NC

Ingredients:

- 4 eggs
- 1 1/3 cups milk
- 1/2 cup oil
- Instant vanilla pudding
- 1/2 cup sugar
- 1 teaspoon baking powder
- 1 box Duncan Hines Red Velvet cake mix **without** pudding

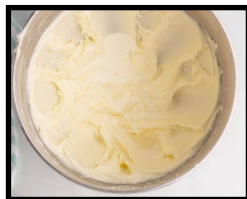


Directions:

Preheat oven to 350°F. Mix above ingredients **instead of** ingredients listed on cake box. Use three 9" round cake pans and pour batter evenly into all three. (Regular baking pans work better than non-stick, but if you use non-stick bake at lower temperature as directed on box.) At end of recommended cooking time, insert a toothpick into center of each layer to ensure layers are baked to perfection.

Cool and ice each layer with cream cheese frosting.

Hint: You can use this "Cake Box Dress-Up" recipe with any boxed cake mix and your favorite icing.



EASY CREAM CHEESE FROSTING

Ingredients:

- 2 sticks butter, very soft
- 16 oz. cream cheese
- 2 lbs. confectioners sugar
- 2 teaspoons vanilla

Directions:

APPLE CRISP

Submitted by JoAnn Esposito,
Otto Wettstein, Jr. Pioneer Club, Ocala, FL

Ingredients:

- 4 eggs
- 6 apples – chopped
- 2 Tbsp sugar
- 1 3/4 teaspoon cinnamon (divided)
- 1 1/2 teaspoon lemon juice
- 1 cup lite brown sugar
- 3/4 cup all purpose flour
- 1/2 cup cold butter (small cubes)
- Pinch salt

Directions: Preheat oven to 350°F. Spray 8"x8" baking dish with spray. Mix apples, sugar, lemon juice and 3/4 teaspoon cinnamon. Stir and place in dish.

In separate bowl add brown sugar, flour, 1 teaspoon cinnamon, salt and butter. Cut mixture using forks or hands.

FABULOUS FUDGE PIE

Ingredients:

- 1 stick butter
- 1/4 cup cocoa
- 1/4 cup flour
- 1 cup sugar
- 1/4 teaspoon vanilla
- 2 eggs
- Chopped pecans, optional
- Pre-made pie crust shell



Directions: Preheat oven to 350°F. Mix all ingredients and pour into unbaked pie shell. Bake for 25 minutes. Test to ensure fully baked by inserting tooth pick. If too loose, bake 5 more minutes.

PERFECT PEANUT BUTTER FUDGE

Ingredients:

- 1/2 cup butter
- 1 lb. light golden brown sugar
- 1 lb. confectioners sugar
- 1/2 cup milk
- 3/4 cup smooth or crunchy peanut butter
- 1 teaspoon vanilla

Directions: In medium saucepan, melt butter and then stir in brown sugar and milk. Bring to a boil and stir for two minutes while boiling. Remove from heat and stir in peanut butter and

Thanksgiving Trivia—How Well Did You Do?

1. America's first recorded religious thanksgiving day took place in:
- A. **Plymouth**
 - B. Blowing Rock
 - C. Washington, D.C.

Historians long considered the first Thanksgiving to have taken place in 1621, when the Mayflower pilgrims who founded the Plymouth Colony in Massachusetts sat down for a three-day meal with the Wampanoag. However, the meal wasn't the meaningful symbol of peace that it was later portrayed to be—rather, it was likely just a routine English harvest celebration.

2. Which president proclaimed the first national Day of Thanksgiving?
- A. Abraham Lincoln
 - B. **George Washington**
 - C. Calvin Coolidge

Prior to President George Washington's declaration of a national day of thanksgiving, thanksgiving days were usually declared by governors or priests. Washington had frequently declared days of thanksgiving during his tenure as general of the Continental Army.

3. What year was the first national day of Thanksgiving proclaimed?
- A. 1621
 - B. 1865
 - C. **1789**

Several presidents ignored the tradition of declaring a national Thanksgiving holiday, until President Abraham Lincoln resumed the tradition during the Civil War.

4. When was America's Thanksgiving set as a fixed date by Congress?
- A. **1941**
 - B. 1789
 - C. 1885

Thanksgiving was annually celebrated on the last Thursday in November. By 1939 when that day fell on the last day of the month. Pres. Roosevelt, concerned that the shortened Christmas shopping season might dampen the economic recovery, issued a proclamation moving it to the second to last Thursday. Thirty-two states issued similar proclamations but 16 states refused to accept the change. For two years two days were celebrated as Thanksgiving. To end the confusion, the House issued a joint resolution on October 6, 1941 declaring the last Thursday in November to be the legal Thanksgiving Day. The Senate, however, amended the resolution establishing the holiday as the fourth Thursday, which would take into account those years when November has five Thursdays. The House agreed to the amendment, and President Roosevelt signed the resolution on **December 26, 1941**, thus establishing the fourth Thursday in November as the Federal Thanksgiving Day holiday.

5. Where did the custom of snapping the turkey's wishbone (bringing luck to the person who gets the larger half) begin?
- A. America
 - B. **Rome**
 - C. Turkey

The Romans believed that birds possessed divine powers. They also believed that keeping this particular bone would give them access to those powers. The tradition of snapping the turkey's wishbone had become a well-established tradition in England by the time the Pilgrims brought it to America.

6. Erntedankfest ('harvest thanks festival') is the thanksgiving holiday celebrated in:

- A. Russia
- B. Poland
- C. **Germany**

Germany's celebration does not have an official date but the holiday is most often celebrated on the first Sunday of October. It is primarily a religious celebration observed in rural areas in celebration of a successful harvest.

7. When is the Canadian Thanksgiving holiday celebrated?

- A. **2nd Monday in October**
- B. New Year's Day
- C. March 15th

Canadian Thanksgiving meals traditionally consist of roasted turkey, roast beef, ham, stuffing, mashed potatoes with gravy, sweet potatoes, cranberry sauce, sweet corn, various autumn vegetables (including various kinds of squashes, but also Brussels sprouts), pumpkin pie, apple pie, and glazed yams.

8. The Canadian Thanksgiving commemorates what event?

- A. The establishment of Canada's "Confederation"
- B. **The safe return of British explorer Arthur Fro-bisher's crew from the Northwest Passage**
- C. The end of the Battle of Vimy Ridge in 1917 (which changed Canada from a colony to a nation)

According to some historians, the first celebration of Thanksgiving in North America occurred during 1579 voyage of Martin Frobisher from England. Thanksgiving has been officially celebrated in Canada since 1879.

9. What country's celebration of thanks most closely resembles the American Thanksgiving?

- A. Turkey
- B. Canada
- C. **Liberia**

Formerly a colony of the American Colonization Society, Liberia declared its independence in 1947 and became the first democratic republic in African history. Freed slaves from the U.S. returned Liberia around 1820 and brought with them the U.S. Thanksgiving celebration. By the 1880s, it was declared a national holiday and Liberia is probably the only other country in the world that celebrates the American Thanksgiving.

10. Which country's Thanksgiving celebration is one of the youngest in the world?

- A. **Grenada**
- B. Brazil
- C. India

Grenada's Thanksgiving celebration is Oct. 25th each year, commemorating events that took place in 1983 when Grenada's deputy prime minister executed the prime minister and seized the power. Nine days later, the United States military came to the rescue and restored order in a matter of weeks. As a result, on Thanksgiving, Grenadians give thanks for the American-led invasion that helped them take back their country.



A New YOU for the Upcoming New Year... What NOT to do for a healthy YOU!

As we age, we begin to embrace habits to maintain good health and promote longevity. Eating and drinking healthy, along with exercise are likely the first habits that come to mind. But are those healthy habits as healthy as we think? In AARP's "Good Habits That Might Age You Prematurely," author Leslie Goldman discussed five "health" habits that may not be as good as we think. Here's a summary of good habits that may not be so good:

1. DON'T stay out of the sun!

Just like too much sun exposure is bad for you, too **little** sun exposure can also negatively affect good health. Vitamin D supports our muscles, nerves and immune system, and is vital to our body's absorption of calcium. Besides allowing our body to produce vitamin D naturally, sunlight also keeps our circadian rhythm on track. Circadian rhythm is a natural internal process that repeats every 24 hours. Sunlight is its strongest signal. It tells our bodies when to start the day and cues our body to feel awake and energized. Moderation is key! Limit daily exposure to about 15-30 minutes in the morning and about 15-30 minutes in late afternoon or early evening before sunset.



Learn more about benefits of vitamin D at

<https://www.healthline.com/health/food-nutrition/benefits-vitamin-d>

Learn more about circadian rhythm at

<https://www.news-medical.net/health/Circadian-rhythm-length-variations-early-birds-and-night-owls.aspx>

2. DON'T drink water when you're thirsty!



If you wait until you're thirsty to drink that tall glass of water, you may already be dehydrated! As we age, our internal mechanisms that trigger thirst become less sensitive. About 70% of adults between the ages of 51 and 70 may be chronically under-hydrated, which can increase the risk of urinary tract infections, diabetes, colon and bladder cancer. Drink enough water that you need to urinate

3. DON'T eat nutrition bars!

The wrapper labels make them sound healthy, but many nutrition or energy bars are "covert sugar bombs" masquerading as health foods. Some foods touted as health foods deliver more sugar than a person should eat in an entire day.



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If you do eat nutrition bars, be sure that the total grams of protein and fiber are higher than the total grams of sugars. If not, you might want to splurge on a



bite of that Snickers bar you're craving.

4. DON'T walk for exercise every day.

Walking is a great exercise, especially as we age, but too many people choose walking every day in lieu of strength training. Without strength training, the average person loses 3-8% of their muscle mass per decade after age 30. In addition to taking that brisk walk (or water aerobics) for at least 150 minutes a week, we should engage in moderate muscle-building activities two days each week.

To learn more about strength training for seniors, see [Strength Training for Seniors: Everything You Need to Know \(silversneakers.com\)](https://www.silversneakers.com/blog/strength-training-for-seniors/)

<https://www.silversneakers.com/blog/strength-training-for-seniors/>

5. DON'T always wear supportive shoes!



Arthritis can make it hard to remove our shoes but wearing shoes all day deprives our feet of the chance for a workout. According to Emily Splichal, a functional podiatrist interviewed

Laughter Really is the Best Medicine!

We've all heard (and repeated) the old adage that "laughter is the best medicine." There is actually a lot of truth in that adage! Researchers from California's Loma Linda University ([8 Reasons Why Laughter Really Is The Best Medicine - ActiveBeat](#)) listed the following 8 reasons why laughter really is the best medicine!

1. **Laughter is a natural pain killer.** Laughter produces endorphins which are brain chemicals which act as a natural pain killer. These endorphins soothe stress, reduce anxiety, ease chronic pain and overall make you feel really swell!
2. **Laughter strengthens your heart.** A good belly laugh provides a great cardiovascular workout by accelerating your heart rate.
3. **Laugh to ward off disease.** A Harvard study revealed that the more you laugh and approach life positively, the fewer chronic diseases you are likely to develop. (If you're constantly negative, you might have a higher risk of developing a chronic ailment such as hypertension or diabetes.)
4. **Laughter Tones your Abs.** When you laugh, give it all you've got! Did you feel that sensation in your abs? That's because laughing causes these muscles to contract, sorta like when you're doing crunches! A good belly laugh also doubles as a tummy toner!
5. **Laughing Boosts Immunity.** Laughter activates your body's T cells to help you ward off germs, flues, and illness. If you feel a sniffle or sore throat coming on, find a rip-roaring comedy and laugh yourself silly to boost your immunity.
6. **Laughter decreases blood pressure.** According to long-term studies from the University of Maryland, School of Medicine, laughter has been linked to lowering the risk of heart attack and stroke.
7. **Laughter banishes stress.** If you're suffering an undue amount of stress and anxiety due to personal or work issues, ask someone to tell you a funny joke! Chances are a few moments of laughter will greatly reduce the level of stress hormones (i.e., cortisol) coursing around in your body.
8. **Laughter Helps Those Suffering From Depression.** Whether you have a mild case of the blues or chronic depression, a 2011 Oxford University study demonstrated that laughter can improve a person's overall outlook. A research team conducted experiments monitoring groups of participants watching comedic sitcoms or live comedy, and found that the act of laughing eased emotional and physical discomfort and pain significantly.



Healthy Snacks for a Healthy You

Feeling a little munchy? Consider eating these three healthy snacks daily (even if you're not feeling munchy!)

1. Always eat Almonds!

Almonds contain vitamin E, an antioxidant that protects cells from damage.



Eat nuts and live longer!



2. Bring on the Berries!

Blue, red and black berries are loaded with natural jewel-toned pigments called anthocyanins. Anthocyanins are packed with memory-enriching compounds.

3. Go Greek with yogurt.

A common staple of the Mediterranean diet., **Greek** yogurt offers calcium for strong bones, protein to support muscle and has probiotics that nourish he gut microbiome to help with healthy aging. But be careful! Some yogurts, even Greek yogurts are best left on the grocery store shelves.





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JoAnn Esposito
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<https://www.nationalitpa.com/>

November 14, 2022

From ITPA 1st Vice President JoAnn Esposito:

I retired recently after 40 years in the telecommunications industry and I'm looking forward to serving as president of one of the finest volunteer organizations serving communities throughout the United States.

I'm particularly excited about our upcoming 31st ITPA Annual Assembly, which will be held from April 21 - April 24. I selected Hinesville, GA as the location for this year's annual assembly. Hinesville is the home of our National Office and Museum. Fort Stewart (Army Airfield and base) is also located near our museum.

The ITPA National Assembly provides a time for ITPA Chapters and Clubs to share their community service projects, honor those who have contributed to the industry during our Hall of Fame Luncheon and celebrate the preservation of Telephony and going forward telecommunications.

During the Assembly, I will be inducted for the second time as ITPA National President. The weekend will be filled with fun and games as well as meetings and get togethers. Planning for the weekend events is well underway and I need your help.

If your chapter and/or club can donate items for our goody bags, I will be personally grateful. Items such as pens, small note pads, snacks etc. will be appreciated. Any other small items will also be greatly appreciated. You can bring your goody bag donations to the assembly or you can send them to your RVP or to me at:

JoAnn Esposito
7 Silver Terrace
Ocala, FL 34472

As with all past assemblies, we are also in need of sponsors. There are several sponsorship levels and **all donations are tax deductible**. These donations are tax deductible, sponsorships by businesses and individuals are much appreciated.

If you have any questions, please do not hesitate to contact me.

Sincerely,
JoAnn Esposito
1st Vice President, ITPA



Independent Telecommunications Pioneer Association

31st Annual Assembly April 21-24, 2023

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